

How can I make an appointment?

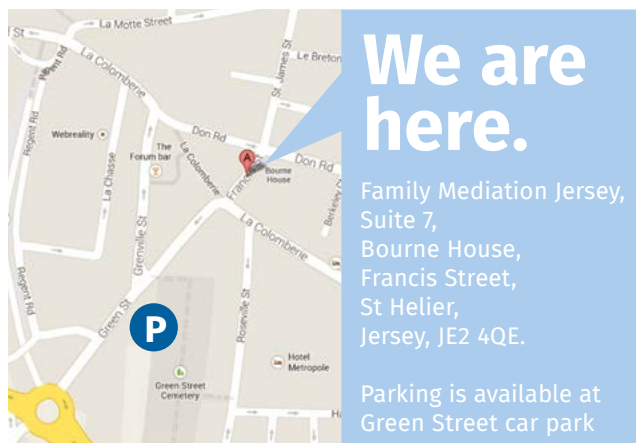
You can phone us on 01534 638898 or email info@fmj.je

We also take referrals from lawyers, the Court and other helping/support agencies.

Separate interviews for each of you are arranged first, so you can feel free to discuss your situation and find out more about mediation. If you wish, you can be seen together for the first interview.

After the first interview, mediation cannot then take place unless you voluntarily attend a session/s together.

For more information please visit our website www.fmj.je



Opening Hours

Monday and Tuesday CLOSED

Wednesday 10.00 a.m. to 5.00 p.m.

Thursday 10.00 a.m. to 5.00 p.m.

Friday 10.00 a.m. to 5.00 p.m.

Staff are available during opening hours to arrange appointments within office hours and at other times, to match your requirements. (Subject to mediator availability).

Telephone: 01534 638898 24 hour answerphone available

Email: info@fmj.je

Useful contacts and links

National Family Mediation Service

Tel: (0300) 4000 636
Fax : (01392) 911240
Email : general@nfm.org.uk
www.nfm.org.uk

Citizens Advice Bureau

Freephone: 0880 735 0249
or 00 44 (0) 1534 724942
Email: advice@cab.org.je
www.cab.org.je

Relate Jersey

Tel: 00 44 (0) 1534 734980
Email: relate.jersey@gmail.com
www.relatejersey.com

Family Wellbeing

Tel: 00 44 (0) 1534 449495
Email: info@familywell-being.je
www.familywell-being.je

Centrepoint Contact Centre

Tel: 00 44 (0) 1534 735151
Email: admin@centrepointtrust.co.uk
www.centrepointtrust.co.uk

Alcohol & Drugs Advisory Service

Tel: 00 44 (0) 1534 445000

Parenting Support Service

(Inc. Keeping Children in Mind course)
Tel 00 44 (0) 1534 449319
Email: parentingadmin@gov.je
www.gov.je/parentsupport

For more information please visit our website

www.fmj.je

Institute of Law

Tel: 00 44 (0) 1534 826060
www.lawinstitute.ac.je

The Law Society of Jersey

Tel: 00 44 (0) 1534 613920
Email: admin@jerseylawsociety.je
www.jerseylawsociety.je

Jersey Family Law Association

Tel: 00 44 (0) 1534 875875
Fax: 00 44 (0) 1534 875885
Email: secretary@jfla.je
www.jfla.je

Legal Aid

Tel : 00 44 (0) 845 8001066
Fax : 00 44 (0) 1534 601708
Email: email@legalaid.je
www.legalaid.je

Family Division – Royal Court of Jersey

Tel: 00 44 (0) 1534 441300
www.gov.je/familycourt

Child and Adolescent Mental Health Service (CAMHS)

Tel: 00 44 (0) 1534 445030
Email: health@gov.je
www.gov.je



Family Mediation Jersey



We are here to help...

A family resolution service that aims to help separating couples and other family members sort out their differences and prevent further disputes.



What is Family Mediation?

Family Mediation Jersey (FMJ) can help you make joint decisions to sort out and prevent further family disputes. Mediators do not tell you what to do but help you reach your own agreements. Freely negotiated agreements can help restore communication, understanding and trust between you.

If you have children, you as parents should be the best people to decide their future.

Mediation can therefore lessen the use of Courts.

Family mediation is voluntary and confidential. It is available to everyone regardless of age, race, sexuality, faith or mobility.

Who do we help?

- Couples, with or without children.
- Married or unmarried, same sex couples, whether or not in a civil partnership.
- Members of the extended family e.g. grandparents for example, may be finding it difficult to see their grandchildren.
- People who are finding it hard to talk to their ex-partner directly about their children or financial matters.

What can be discussed?

- Where the children will live when parents separate.
- How the children will share their time between their parents.
- How much children will see of members of their extended family.
- How parents will communicate with one another in the future about their children.
- How property, pensions, other financial assets and debts are to be divided up.
- How child support is to be arranged.
- Whether any agreements reached will be formalised into a Separation Agreement or you will ask the Court to make a consent order in proceedings.

Who are the Family Mediators?

FMJ mediators are professionally trained in family mediation and conflict resolution. All are affiliated to the National Family Mediation Service (NFM), one of the founding members of the Family Mediation Council. The Council regulates standards of practice in family mediation.

What does it cost?

As a not-for-profit organisation and registered charity, payment is according to your income on a sliding scale.

How long does it take?

Each session lasts for up to an hour and a half. Usually clients attend 1 to 5 sessions.

Do I need a lawyer?

We recommend you use a lawyer to obtain independent legal advice during mediation. The mediators may talk to you about targeting the use of a lawyer to avoid large legal costs.

You will be given a summary of any agreement reached during the mediation. Although not legally binding, you can take it to your lawyer to see if a legal agreement can be formalised. This is usually done when the agreement is about property and finances.

What if there is already a court case?

Even if there are ongoing Court proceedings, you can still use FMJ. You may be referred to FMJ if the Court thinks mediation will help you, and it will give you time to do this. Usually a Court prefers you to make your own decisions rather than impose them on you.



For more information
please visit our website
www.fmj.je